

Mission of Elyria Catholic High school

To empower young men and women to identify and use their God-given gifts to learn, worship, and serve guided by Catholic tradition.

The Pillars of Elyria Catholic High School

Excellence in all things.

Compassion for all things.

Faith in our Lord and Savior, Jesus Christ, and our school's patroness, Our Lady of Grace

Tradition to the legacy of a "Loyalty that never dies!"

Community of Church, school, and family.



Elyria Catholic School Counseling Department:

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@counseling_ec



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Elyria Catholic High School Comprehensive School Counseling Program



School Counselors are
Partners in Student
Achievement!

Vision

With the mission of Elyria Catholic High School in mind, we frame our work with a vision of each student achieving a successful first year of college. We want our students to walk on the college campus that is the right fit for their unique selves, prepared to:

- Challenge themselves academically and be able to manage their learning process independently
- To take advantage of the opportunities college has to offer
- To create connections with peers and professors
- To make choices of classes, careers or in relationships-that reflect each student's integrity and positively impact his/her growth and development.

In order for us to be of the most help in accomplishing the above, we need to get to know and understand our students over time, and the counselors stay with the students from 9th to 12th grade.

Additional Programs/Resources:

- *Career Coach*
- *College Credit Plus (CCP)*
- *Advanced Placement (AP)*
- *Naviance/Family Connection (Career Exploration Tool)*
- *Explore, Experience, Express (E3) Career Program*
- *Catholic Charities Mental Health Professional*

Why See a School Counselor?

- Academic Issues
- Course Selection
- The College and Career Search Process
- Social /Emotional Issues

ROLES OF A SCHOOL COUNSELOR

- Academic planning
- Teaching organizational, study and test taking skills
- Transition planning
- Post-secondary planning and the college application process
- Career exploration and planning
- Teaching coping strategies
- Teaching about peer relationships and effective social skills
- Teaching effective communication and problem solving skills
- Multi-cultural/diversity awareness
- Crisis Intervention
- Educating about how to understand oneself and others

HOW CAN YOU SEE YOUR SCHOOL COUNSELOR?

- Self-referral
- Request of a counselor
- Parent referral
- Administrative, teacher or staff referral
- Referral by friend(s)

Classroom Counseling

Curriculum

All Grades

- School Safety/Suicide Prevention
- Bullying
- College/Career/Resume
- Study Skills/Test Anxiety
- Healthy Relationships
- Mental Health Awareness
- Drug/Alcohol Prevention

Grade 9

- Transition to high school
- Social/emotional/behavioral challenges of adolescence

Grade 10

- Career exploration related to personality

Grade 11

- Research 5 colleges through Naviance
- Add colleges to "colleges I'm thinking about" list

Grade 12

- College application process
- Transcript request
- Letters of recommendation
- Scholarships

